

Church Events

- Men's Prayer Breakfast
Sunday, March 1 at 7:00 am
- Adult Bible Study
Sundays at 8:30 am
- Youth Sunday School
Sundays at 9:00 am
- Worship (Nursery available)
Sundays at 10:00 am
Children's Church during worship
- Young Adult Bible Study
Thursdays at 6:30 pm
- Men's Corned Beef & Cabbage Dinner
Thursday, March 12 at 6:15 pm
- Dartball Tournament
Friday, March 20
- Lenten Meals & Worship
Wednesdays at 6:00 pm
- LEO Thursday, March 26 at 6:00 pm
- Winter Jam in Cleveland
Friday, March 27
- Palm Sunday - March 29



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lindseytrinity.org

Occupant
Lindsey, OH 43442

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TRINITY WILL SEEK, SERVE, AND SHARE GOD'S LOVE

Pastor's Page



“Cross Eyed”

The title of the article was, “3 Minute Daily Eye Exercise May Delay Presbyopia.” I’m not sure what your brain did with the word “presbyopia.” Here’s why my pastor-brain did. I knew that “opia” meant “sight.” I knew that “presby” was the beginning of the name of a denomination. This immediately translated into a daily exercise designed to delay the sight of Presbyterians. That’s not it. Shocker.

“Presby” means “old,” so the proposed daily exercise is designed to help slow the aging of eyes. Experts believe presbyopia is directly tied to the decline of eye muscle function, exacerbated by cellphone use. Dr. Hon Jeong-gi, an expert in the field of presbyopia, suggests a 3 minute daily exercise to delay aging.

There are three parts to the exercise. The first includes crossing your eyes. Yeah, the thing your mom told never to do because your eyes could get “stuck there.” Do that. Have old eyes? Mom’s fault. Another part of the exercise is blinking as fast as you can for short periods. The third component is following your index finger in a cross-like pattern in front of your face. This helps stretch muscles. And if you do

these 3 minute exercises daily, in public, you won’t see anyone at all, especially friends.

Now, I’m no doctor, but I have some techniques that I think could immediately help with presbyopia that won’t take 3 minutes a day:

Do something. Anything. Go outside. Look for vehicles. See birds. Clean belly button lint. Eye movement.

Wear ear plugs. Just ten seconds of effort will make it so that you won’t hear things coming. Naturally, you’ll have to rely on sight to protect you. This shaves a good 2 minutes and 40 seconds off of Dr. Hon’s suggestion.

Finally, and my favorite solution, get a stalker. This creates the perfect environment for abundant eye movement at the full range of motion for ocular muscles. It’s exciting. You’ll observe things you never before spent time looking at- your bushes, trees, dark corners. Plus, it’s loads of fun for you, the neighborhood watch organization, and authorities who may also suffer from presbyopia. It’s like a real-life “Where’s Waldo” that benefits the whole community with younger eyes. Love thy neighbor.

Yes, I’m having fun with the idea that I have to add one more daily exercise to my life to be healthy. As the saying goes, “Ain’t nobody got time for that!” More importantly, I see eyes aging in ways far more detrimental to lives than presbyopia- a lack of hope. When the facade of life begins to wear off, the

universe cools, and fewer days are ahead of us, only one thing remains, faith- trusting in a power beyond ourselves and beyond our control. The more “cross eyed” I become, the more I focus on Jesus, His power, His salvation and His promises, the more my life is flooded with hope. That daily exercise is worth every second.



- Pastor Travis Montgomery

Lindsey Trinity Church Men's Group presents its

68th Annual Corned Beef & Cabbage Dinner

Thursday, March 12 at 6:30 pm at Ole Zim's Wagon Shed

**Featuring:
Mentalist & Magician, Brenden Trojan**

All you can eat menu includes:
Corned Beef, Cabbage, Carrots, Potatoes, and Pie

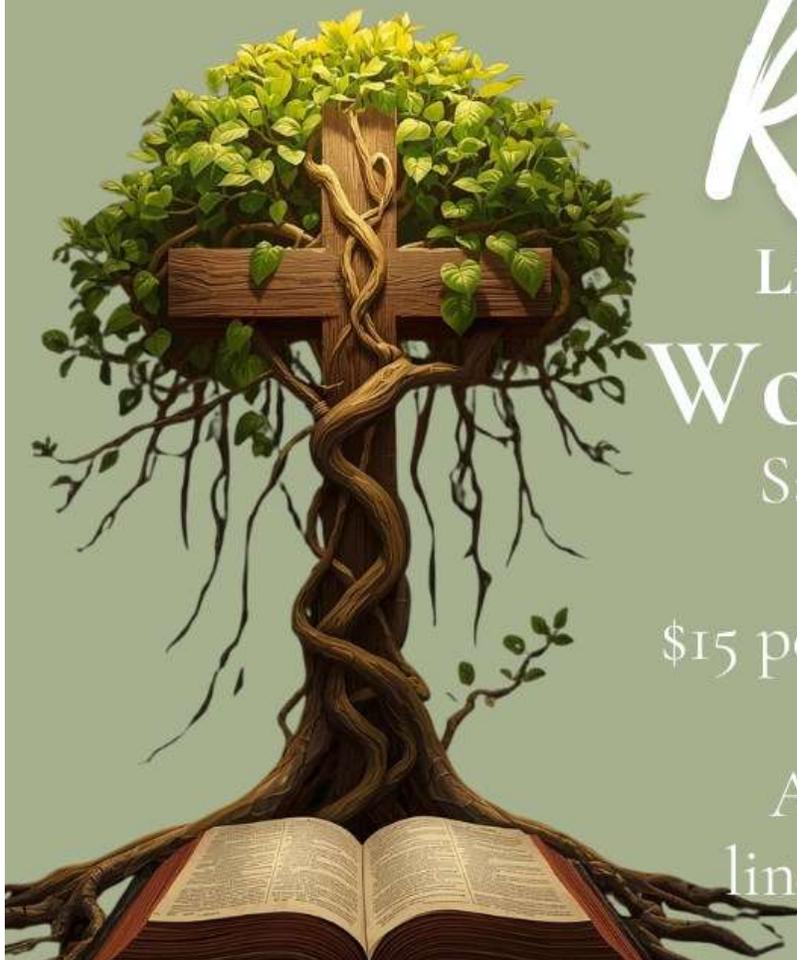
Tickets only sold in Advance.

Adults: \$29.00

Kids 12 & Under: \$17.00

Reservations must be received by 3/3

To request tickets, see Dave Voelker
or email: lindseytrinity@amplex.net



Rooted.

Lindsey Trinity Church

Women's Retreat

Saturday, April 25, 2026

9:00 am - 2:30 pm

\$15 per person - lunch included

For tickets contact

Andrea Smith or email

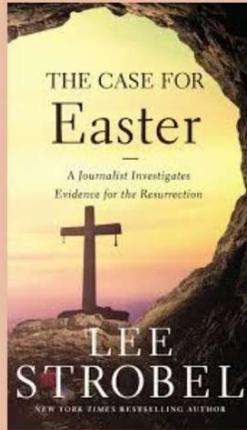
lindseytrinity@amplex.net

Join us for a combined ...
Women & Men's Bible Study

Sunday mornings
8:30- 9:45 AM
starting March 8, 2026

Together, we will dig into four week study by Lee Strobel called *The Case for Easter*.

ALL are invited to
join us.



For more info, call or text Andrea or Ryan Smith at
419-463-4841 or 419-680-6301.

Sundays
at 9am *Youth*
SUNDAY SCHOOL

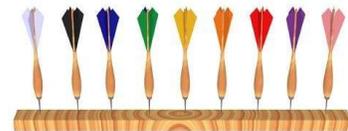


**SANDUSKY COUNTY
DARTBALL LEAGUE TOURNAMENT**

Friday, March 14 at 7:00 pm
Lakota High School
5200 CR 13, Kansas, OH 44841

Cheerleaders Wanted!

Come out & support the Lindsey Dartball Team!



Children's Church

During the 10 am Worship Service!
Open to all kids potty trained - 5th grade.

"The Heart of God - Reflecting God in Everyday Life."

Digging Into The Heart of God brings a fresh approach to growing a lifelong relationship with God. As kids explore God's character throughout the Bible, God transforms them from the inside out. With the Heart of God curriculum, kids discover what it means to reflect the heart of God in everyday life.

Men's Prayer Breakfast
March 1 @ 7:00 am



Ad Board Meeting
3/17@ 7:00 pm

L.E.O.

LEO = Ladies Eating Out
The ladies of Lindsey Trinity Church love to go out to eat together and share in laughs and fellowship. Newcomers are welcome to join!

They plan to meet & eat again on
March 26th at 6:00 pm.
Location to be determined. Watch for updates on Facebook and our bulletins.

Please RSVP to Barb Opelt, Ruth Zimmerman, or Cate Knipp, or email the church at lindseytrinity@amplex.net

LINDSEY
- Est. 1853 -

- LINDSEY -
Sunflower & Homecoming
FESTIVAL

25 July, 2026

SAVE THE DATE
Lindsey, Ohio

FREE
Admission

"Proud of our past, excited about our future"

This Lent we will have
Meals & Worship
each Wednesday in March

The meal will begin at 6 pm & service in the sanctuary at 7 pm.
A sign up sheet is posted at the back of the sanctuary for
volunteers to sign up to provide the meal/light supper.
Any questions, see Nancy Lipstraw
or email lindseytrinity@amplex.net.



It's March Outdoor Madness!!
Think spring and fun with jump ropes,
fishing kits, balls (include an air pump if
needed), chalk, and other small
outdoor activities.
Remember: no liquids, like bubbles.

Thank you! - Ellie

P.S. YouTube has great videos on making
jump ropes and fishing kits for OCC!

Young Adult Book Study

Young adults ages 18-30
are encouraged to join us
@ 6:30 pm each Thursday
in March as we study
"The Case for Easter"
at Lindsey Trinity Church
Basement Conference Room

THE CASE FOR
Easter
—
A Journalist Investigates
Evidence for the Resurrection

LEE STROBEL
NEW YORK TIMES BESTSELLING AUTHOR

2026 Sharon Neifer Memorial Scholarship

SCAN HERE

This award is available to any
high school senior attending or
involved in Lindsey Trinity Church
regardless of their career path.
Scan the QR Code for details
to apply or contact
Erica Overmyer at 419-680-6416.

ASP Appalachia
SERVICE PROJECT®

Lindsey Trinity Church will be participating in the
Appalachia Service Project July 5-11.
The Young Adult Group will be leading it this year.
Open to adults and youth 9th grade & up.
This year we may have an all adult team.
Cost to join: Adults \$150 Youth: \$100

See Marissa Overmyer or email lindseytrinity@amplex.net
to sign up or for more information.



Email: lindseytrinity@amplex.net
 Website: lindseytrinity.org
 Phone: 419-665-2262 (office)
 or 419-559-7840 (secretary)
 Office hours: most Wednesdays 6-7 pm
 & Fridays noon - 4:00 pm
 Prayer chain: cate.knipp@gmail.com
 Live streaming on our website at 10:00
 am on Sundays.



Scan the QR Code to give through Easy Tithe.



March Birthdays

- 3/2 Pete Wagner
- 3/3 Carol Eicher
- 3/6 Eric Jahns
- 3/12 Everett Clark
- 3/18 Caley Wagner
- 3/19 Dan Baker
- 3/20 Brian Schroyer
- 3/20 Cindy Schroyer
- 3/20 Sue Baker
- 3/20 Mike Yeagle
- 3/21 Alex Durbin
- 3/21 Matthew Jaquillard
- 3/22 Mark Hetrick
- 3/22 Tracy Overmyer
- 3/26 Erica Overmyer
- 3/27 Vaughn Billow
- 3/29 Spencer Pendleton



March Anniversaries

- 3/13 Susie & Justin Crawford
- 3/26 Jim & Barb Parkhurst

Email lindseytrinity@amplex.net to be added to the birthday & anniversary list

Please Pray for:

Corey Beard	Debbie Hatfield	Ann Mussell
Jerry Beard	Logan Hartman	Chris O'Brien
Greg Bigadza	Don Held	Cheryl & Smokey Overmyer
Vaughn Billow	Beth Holcomb	Grant Reed
Gary Boyer	Jeff Holcomb	Larry & Jane Schaffer
Hazel Brown	Judy Knipp	Penny Schroeder
Sharon Busson	Rick Knipp	Jera Shehorn
Doug Cheek	Audine Leeper	Shelly Sherman
Sean Connors	Bob Metheny	Sara Siegfried
Bill Draeger	Clyde & Janet Michael	Kathy Spanfellner
Judy Drusback	Becky Minick	Megan Steffens
Jack Eppley	Grant Montgomery	Lori Stout
Brian Geller	Ryan Moran	Sharon Sutton
Lisa Haas	Hazel Morrissey	Deb Yeagle
Jacob Hasselbach		

To be added to the Prayer Chain, send an email to cate.knipp@gmail.com.

March Worship Assistants					
Ushers	Matt & Erica Overmyer and Jim & Nancy Lipstraw				
	March 1	March 8	March 15	March 22	March 29
Worship Assistant	Melissa Coe	Nichole Waugaman	Russ Zimmerman	Vaughn Billow	Andrea Smith
Acolyte	Ellie Hetrick	Lily Montgomery	Eowyn Montgomery	Gavin & Landon Voelker	Ellie Hetrick
Children's Church	Sarah & Gavin Voelker	Andrea Smith & Lakelyn Eaglen	Dawn Geller & Eowyn M.	Erika & Peyton Montgomery	Carol Montgomery & Brayden
Nursery	Tammy Jahns & McKenzie M.	Erica Overmyer & Eowyn M.	Korin & Leah Durbin	Becky Jahns & Taylor Sworden	Tammy Jahns & McKenzie M.
Greeters	Larry Hasselbach & Mason Esker	Melissa Coe & Chris Opelt	Becky Baker & Linda Eppley	Russ & Ruth Zimmerman	Bex & Alex Opelt
Open & Close Church	Ryan Smith	Jim Lipstraw	Barb Opelt	Eric Jahns	Eric Jahns
Media	Eric Jahns & Vaughn Billow	Ryan Smith & Russ Zimmerman	Becky & Allen Jahns	Eric & Allen Jahns	Ryan Smith & Russ Zimmerman